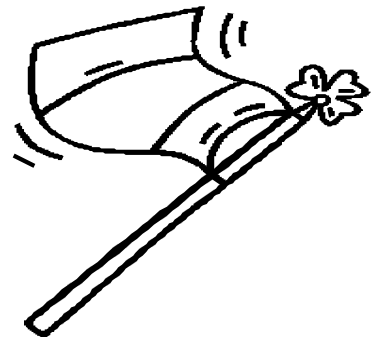


Here is how **YOU** can join in a **FREE**
Eugene Celebration Parade Entry to...

Change mental health care in Lane County... and have fun!



All are invited and welcome to join in! Educate the public! Enjoy yourself! March with us! Speak up for:

- **A voice for mental health consumers and psychiatric survivors!**
- **The need for more non-drug alternatives in mental health care!**

How to participate along with Opal Network, MindFreedom and LILA:

Just SHOW UP where we are gathering to begin our parade entry!

WHEN: Gather starting at 8:30 am, at latest 9:00 am, this Saturday morning, 13 September. We have extra signs and markers ready for early arrivals. We'll practice our moves & chants!

WHERE: MindFreedom parade entry gathers on High Street, near 10th Street intersection. Look for signs pointing you to **Entry # 85**. We will be on the west side of High Street.

For fun we'll have the Big Giant Pill chasing us, and then we'll chase it back! We will all march behind signs with the themes you see on the top of this page. Make history! Join us!

QUESTIONS? E-mail to lane@mindfreedom.org. Or phone the office at 345-9106.

OPTION: If you want, make and bring your own sign that says: "I choose _____ for mental health." Just fill in the blank! It can be the name of your group or your favorite hobby such as "Gardening" -- Dress as a gardener! Wild costumes, wigs and masks encouraged!

Thank you to all who participated in our successful and enthusiastic pre-parade parties!